

AFTER NAIL SURGERY

Your minor surgical procedure included the use of local anaesthetic and phenol. Because the amount of local anaesthetic is controlled it is **VERY IMPORTANT** to keep the following details on your person for 24 hours after the operation.

DATE OF OPERATION.....

TYPE OF ANAESTHETIC USED: **Scandonest 3% Plain Mepivacaine**

AMOUNT USED.....

TOURNIQUET TIME.....

PODIATRIST: ☐ Ralf Jeutter: HCPC: CH32581 BSc (Hons) Podiatry M.Chs
☐ Fleur McVeigh-Finch: HCPC: CH35465 BSc (Hons) Podiatry M.Chs
☐ Abbi Sachania: HCPC: CH: 335631 BSc (Hons) Podiatry M.Chs

SIGNATURE.....

GENERAL ADVICE

- Don't drive, walk or use public transport to get home.
- Avoid driving or walking for long distances whilst the toe is numb and up to 24 hours after the operation.
- Seek advice before booking a holiday immediately after nail surgery.
- Seek advise before partaking in sporting activities.
- Avoid alcohol which can cause bleeding.
- If you are aware of any pain, take your normal painkiller but **DO NOT TAKE ASPRIN** as this may cause bleeding.
- Try to be off your feet as much as possible for at least 24 hours after the operation.
- At work - light duties should be arranged.
- Wear open toed sandals with the first bulky dressing. Tight shoes will aggravate the nail and delay healing.
- **DO NOT** remove the dressing if blood seeps through, put another dressing on top and keep your foot up.
- Keep the dressing dry until your next appointment.

RE: DRESSING APPOINTMENT- IT IS VERY IMPORTANT FOR YOU TO ATTEND

AN APPOINTMENT HAS BEEN MADE FOR YOU ON:.....

NB: In the unlikely event of persistent bleeding, or discomfort, contact The Centre ASAP
AFTER THIS RE-DRESSING APPOINTMENT You will be given a re-dressing 'pack'

Possible risks?

All surgical procedures have some risk. The risks of nail surgery can include the following:

- Infection following removal of the nail.
- A local reaction to the chemical applied to the nail bed.
- Re growth of the removed nail. If this occurs within six months the Richards Centre offers a reduced rate for repeat nail surgery.
- Distortion of the remaining nail following partial removal.
- A rare but serious allergic reaction following the injection of the local anaesthetic.
- Medical history or medication can put you at increased risk – your podiatrist will advise you individually about this, e.g., if you have diabetes you are more at risk of infection or poor healing after the procedure.
- Smoking puts you at increased risk of infection and poor healing after the procedure.
- Phenol burn to the skin.